

Sharp by
Trisha Lewis
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One of nine girls, Trisha Lewis grew up on a dairy farm in County Limerick. She studied Professional Cookery in Cork Institute of Technology and for 13 years worked as the Executive Head Chef of Jacobs on the Mall in Cork. With over 20 years' experience in the food industry, Trisha understands the necessity of having the correct utensils to efficiently support everyday cooking. From slicing to dicing, the Sharp by Trisha Lewis tools are just what you need in your kitchen.

Sharp by Trisha Lewis is designed for everyday cooking at home. But, beyond that, it is designed to bring joy back to something we all do everyday. At the heart of Sharp is family, food, hosting and home.

Having started with just a set of knives, the selection of Sharp products has extended to steak knives, a speed peeler, and a carving set, as well as a wok and a pan.

Trisha is a two-time bestselling author. "Trisha's 21-day Reset" and "Trisha's Transformation" contain recipes packed with flavour, while also keeping a low calorie count. She is also a regular TV chef on RTÉ One's Today Show.

The Sharp by Trisha Lewis range is available online, along with a selection of Trisha's mouth-watering recipes.

www.sharpbytrishalewis.ie